

### Telephone:

**07588 480198** (Midland-1) **07473 133033** (Midland-2) **07466 428149** (Surrey) **07921 049570** (General)

Email: info@teamcarita.co.uk
Web: www.teamcarita.co.uk

# WELCOME TO TEAM CARITA DOMICILIARY CARE SERVICES

Person-centred care at its best!

6 We believe, strongly, that quality and safe home care service ought to address situations that people of all diversities encounter in real life, so that they can, if they wish, remain in their homes with dignity and independence.

### IT IS ALL ABOUT YOU AND WITH YOU!

Our team will talk to you and your loved ones, so that, together, we design a tailor-made care plan centred around you. We will then agree and regularly review your care plan with you. That way, we ensure that your care enables you to live your life as comfortably and safely as possible, in your very own home!

# The range of services we provide include:

### **PERSONAL & SUPPORT CARE -**

- Assistance moving around your home during the day and at bed-time
- ✓ Night sitting service
- Assistance with your morning routines and planning your day
- Assistance with bath time and medication
- ✓ Light housework to include laundry, meal preparation & cleanliness
- Social support, companionship, medical visits, outings etc.
- ✓ Short pet walks where possible

### LIVE-IN CARE - Total peace of mind

- ✓ Flexible hours
- ✓ Full time care
- ✓ Part time care
- ✓ Call-outs
- ✓ On-call assistance



# RESPITE CARE - enabling existing carers and family to take a break

- ✓ Short-term or long-term to suit
- Periodic or Stand-by respite care

END-OF-LIFE-CARE - supporting you and your loved ones at this difficult time

### HOME HEALTH & SAFETY REVIEW ensuring you and your loved ones are safe and know what is required when you are at home

CONVALESCENCE - matching your recovery requirements from our pool of qualified carers

### PHYSICAL EXERCISE MENU -

ensuring your carer has the relevant knowledge to assist you with your exercise routines





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### **GET IN TOUCH**

For a quick chat about your requirements or if you are interested in joining our friendly local staff and receive full training as a carer then Team Carita are only a phone call or email away

# Telephone **07921 049570**

and our friendly professional team will advise you about how we can help.

Email: info@teamcarita.co.uk



